

# WHY IS CARER INFORMATION AND SUPPORT SO IMPORTANT

## All Age Carer Approach

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# WHO IS A CARER

A person who provides unpaid help to someone due to frailty, physical or mental illness, substance use or disability


- Did you know there are at least 33,000 Carers of all ages in Doncaster
- Nationally, carers provide £132 billion of health and social care support, close to the annual NHS budget
- Working Carers 1 in 5 in the NHS – 1 in 7 general workforce
- Three in five people will care for someone at some point in their lives
- The number of carers in the UK is set to grow from 6 to 9 million in the next 30 years

# SURVEY MONKEY – LOCAL PRIMARY CARE PRACTICES

| DO YOU NEED HELP WITH THIS?   | Yes | No  |
|---|-----|-----|
| Does your practice record details of patients who are Young Carers (Under 18)   | 65% | 35% |
| Does your local practice have a dedicated Carers Co-Ordinator   | 26% | 74% |
| Are you aware of the GP Carer Quality Standards   | 90% | 10% |
| Would you like to arrange a discussion about how these Standards can be implemented to support Carers in your practice  | 61% | 39% |
| 1 in 5 NHS Staff are working carers. Knowing this can aid staff retention and reduce recruitment costs. Employers for Carers (EfC's) scheme (Carers UK) is FREE to your practice now. Do you need help to register. | 13% | 87% |
| Health Checks for Carers, is this something you could promote in your practice  | 87% | 13% |

[Nigel's surgery 44: Caring for carers | Care Quality Commission](#)  
[cqc.org.uk](http://cqc.org.uk)

# EXAMPLES OF BEST PRACTICE

- [East and North Hertfordshire NHS Trust \(CTRL+Click\)](#)
  - [NHS England » Supporting our working carers](#)
  - [Doncaster Carers Charter](#)
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- A series of three parallel white diagonal lines extending from the bottom right towards the top right of the slide.

# East and North Hertfordshire NHS Trust

## This is the process

### Identification

- Carer is identified at the earliest possible stage and their details recorded on the patient's medical record.

### Welcome

- Carer is welcomed. The carer is given the name of a member of staff who they can speak to when needed.

### Assessment & Support

- Range of support available in the hospital and community is discussed and offered to the carer, including referral to local carer organisations.

### Involvement

- Advise about the partnership approach to the delivery of care where patients, carers and health professionals are all seen as equal partners.

### Transition

- Carers have a seamless experience moving between hospital and community services.

[Carer Handbook.pdf](http://enherts-tr.nhs.uk)  
([enherts-tr.nhs.uk](http://enherts-tr.nhs.uk))

**Do you help look after someone or  
give them support?**

**If so, you may be a carer**



Information to help carers, family and friends

# Kays Story

- My experience as a carer
- What would have helped
- Looking to the future



Valuing our health and care  
needs via a carers pathway

